

EXPLORE ➤



INFORMATIONAL INTERVIEW

WORKSHEET





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REALITY CHECK

CHECK YOUR DESIRES

Speak to three people in each field you've identified as possibilities for yourself. Interview them about their experience and what it really takes to be in their place. Eliminate possibilities from your list as it becomes clear that they are not "it." Replace those you've eliminated with a new area of interest until you have created one or two front runners.

Use this page as a guide for those conversations/interviews.

Field/Situation: _____

My contact: _____

Phone Number: _____

Email: _____

How did you get where you are today?



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What training would I need before considering getting into this field?

What could I expect as a beginning point in this arena?

What is the best part of what you do?



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What are the headaches of your situation?

What are your complaints?

What is the inside reality of the situation versus the way people perceive it from the outside?



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What are the pitfalls?

What kind of income could I expect early on?

What is meaningful for you about what you do / about your situation?



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If you had to do it all over again, what would you do differently?

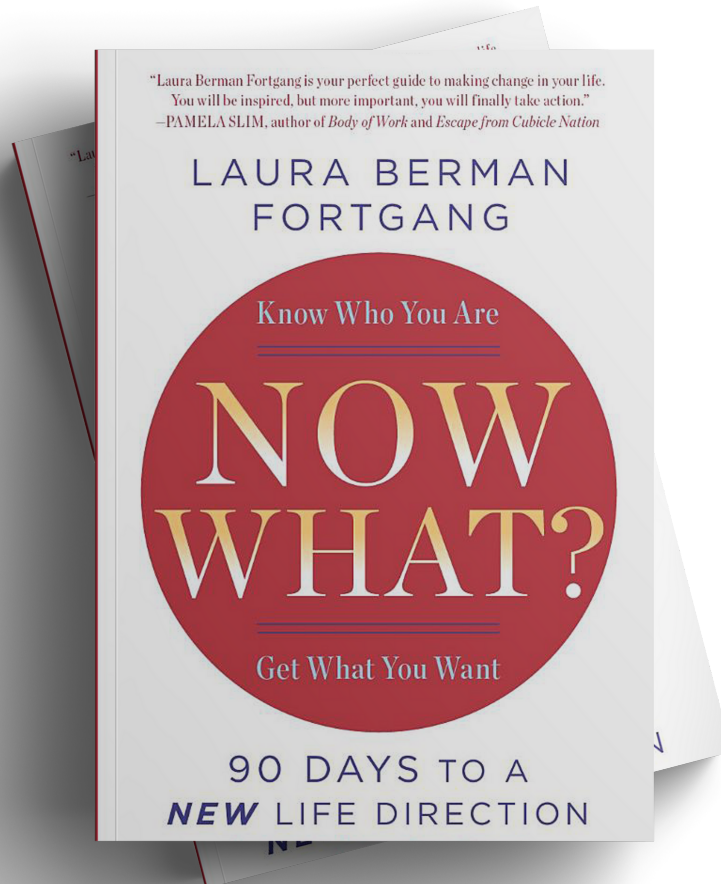
What advice would you have for someone like me?



"Laura Berman Fortgang is your perfect guide to making change in your life. You will be inspired, but more importantly, you will finally take action."

PAMELA SLIM, BODY OF WORK

For anyone who feels drawn toward a life-changing move but is not sure exactly what to do or how to move forward, *Now What?* presents a concrete process for finding and pursuing a new path in life.





WHAT'S NEXT?

Whether it's moving on from a dead-end job, discovering your direction through entrepreneurship, or answering the age-old question “What should I do with my life?”

Pioneering life coach Laura Berman Fortgang shares the process that she has used to help hundreds of clients make major changes in their lives.

FEATURED IN



FAST COMPANY



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COACH. AUTHOR. SPEAKER.

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